



**HAPPINESS IS A CHOICE: The Island of
Optimism (HUGO THE HAPPY STARFISH -
Island Adventures - Educational Children's Book
Collection 3)**

Suzy Liebermann

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Come on a sea adventure with HUGO THE HAPPY STARFISH as he finds out that HAPPINESS begins with OPTIMISM.

HAPPINESS IS A CHOICE (THE ISLAND OF OPTIMISM) contains a great educational lesson about the importance of having your own opinion, staying positive and believing in your dreams.

On THE ISLAND OF OPTIMISM Hugo learns in a simple yet fun way the difference between PESSIMISM and OPTIMISM as well as the importance of positive thinking skills.

Hugo the Happy Starfish starts doubting his decisions and loses his positive outlook on life. Asked, if he can see the glass "half full" instead of "half empty" he magically earns his optimism back.

Hugo learns that reality is subjective and that everybody is entitled to believe in his/her own truth.

Hugo is a little starfish whose home is at the bottom of the wide ocean. He longs to visit the real world, and one day he decides to go and find it. Hugo's journey to happiness isn't quite as straightforward as he hopes though. He is sent to a series of different islands where he is taught important character lessons.

By the end of his journey, Hugo has visited fourteen islands, made many more friends, and, most importantly, learned how to be a better starfish.

'HUGO THE HAPPY STARFISH - ISLAND ADVENTURES' is packed with life lessons for kids, showing them the importance of appreciation, patience, tolerance and optimism amongst others.

Teaching children life skills can be tricky, but with this exciting book your kids will come across some of the most important lessons there are to be learned. Like Hugo, their journey to the real world will be full of character lessons along the way.

In Hugo, children, parents, and educators will discover a lovable and engaging role model with whom they can identify.

The story consists of 28 gorgeous illustrations showing a colorful and magical underwater world.

Children will laugh at the delightful characters, hold their breaths in suspense and love to read this story over and over.

The book is suitable as a read aloud book for preschoolers or a self-read book for older children.

The book comes with a number of worksheets which are downloadable at no cost on our website.

The book is offered in two editions (a version with Spanish introductory vocabulary and an English only version) as well as in different languages such as German, Spanish, French, Italian, and Portuguese.

There are more HUGO THE HAPPY STARFISH stories waiting to be discovered. Make sure to read THE LAST BULLY and THE SECRET TO HAPPINESS, THE MAGIC OF THE MOMENT, ONE STEP AT A TIME and many more.

Through his adventures, Hugo learns many valuable lessons of character, life skills, and ecological alertness – all amid the backdrop of a magical underwater world and mystical islands.

The stories were developed in conjunction with the author's teaching experience at an International Baccalaureate® School and they support the different learner profiles and attitudes of the IB PYP curriculum.

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