



# **Beating Melanoma ; A Five-Step Survival Guide (A Johns Hopkins Press Health Book)**

*Steven Q. Wang*

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Dr. Steven Q. Wang, a world-renowned skin cancer expert, provides an essential guide for people with melanoma and their families. The book's unique, practical format approaches the disease in two phases, just as people with melanoma need to do. First comes a step-by-step guide for what Dr. Wang calls the "mad rush" phase -- an intense and stressful period from diagnosis to completing initial treatment. Dr. Wang's calm guidance helps readers through this critical time, using an easy to understand plan for ensuring optimal treatment and survival outcomes. Once the mad rush phase is over, the "marathon phase" begins -- life resumes its normal shape but with lingering concerns about new melanoma and metastases. Here Dr. Wang addresses common questions about prevention and prognosis. Beating Melanoma offers current research in the diagnosis, treatment, and prevention of melanoma; photographs of different kinds of skin cancers; and a readable narrative that demystifies everything from the pathology report to the stages of cancer. The only book to outline detailed instructions for melanoma patients at all stages of their disease, it is a guide that people with melanoma will turn to with confidence.

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