



Living Up In A Down World: Living Life Grace "fully"!

Dr. Bob Edwards

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Living Up in a Down World explores the experience of life, our attitudes and perspective from a Biblical viewpoint, and provides a basic outline for the path to achieving a lifetime of peace and fulfillment.

Pastor and counselor Dr. Bob Edwards has observed the damaged emotions of others for over two decades and offers a step-by-step approach to overcoming the emptiness created by a culture permeated with negativity and relativism. Dr. Bob draws inspiration from Scripture and personal anecdotes to encourage positive change as he shares healing methods intended to relieve the inner hurts created by being "just plain human." For those who may try to fill an empty void with unhealthy relationships, fame, fortunes, sex, alcohol or food, Dr. Bob leads the way to discovering a simple, humorous approach to living a fulfilling and purposeful existence surrounded with God-created peace.

For those looking for inspiration and a deeper understanding of themselves, this guide will help spiritual seekers apply Christian principles and learn to view the world through upward thinking and eternal eyes, ultimately setting a new course in life to live UP in a down world!



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