



# **Making Aromatherapy Creams and Lotions: 101 Natural Formulas to Revitalize & Nourish Your Skin**

*Donna Maria*

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## **Making Aromatherapy Creams and Lotions: 101 Natural Formulas to Revitalize & Nourish Your Skin** Donna Maria

This is your guide to creating exciting, inventive, and unique cosmetics and body-care products using all-natural ingredients and the power of aromatherapy. Includes an overview of aromatherapy, techniques used to extract aromatic plant materials, tips on creating unique and personal creams and lotions, and 101 original recipes.

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