



The Power of Curiosity: How to Have Real Conversations that create Collaboration, Innovation and Understanding

Kathy Taberner, Kirsten Siggins

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As leaders or parents (or both), navigating difficult conversations is part of our job description. How do we keep calm and achieve a productive outcome, all while keeping our relationships intact?

The secret is curiosity. It is the innovation-driving, emotion-calming skill that comes so naturally to us as kids, but gets buried so easily beneath our busy, multitasking lifestyles. The good news is that we just have to relearn what we already know!

In “The Power of Curiosity”, mother-daughter executive coaching team Kathy Taberner and Kirsten Taberner-Siggins introduce the Curiosity Skills and a full, step-by-step process to use anytime, even when potentially challenging conversations arise. In 'The Power of Curiosity' you'll learn:

How to be fully present in every conversation, even when distractions abound

The five listening choices you always have available, whether at home, work, or school

Specific calming strategies to access when negative emotions run high

A step-by-step process to transform potential conflict into relationship-building opportunities."

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can get you closer in growing to be precious person. By looking upward and review this book you can get many advantages.

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