



Group Therapy In Independent Practice

Scott Simon Fehr

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Learn effective techniques that will enhance your group therapy practice or educational program! Group Therapy in Independent Practice, written by seasoned clinicians, presents discussion on a wide spectrum of related issues that will help therapists to effectively handle group situations. Within its pages you will find proven and effective strategies that also examine group therapy as a whole, group therapy practices in Israel, and how you can use the Internet to enhance your professional practice. In addition to being an invaluable guide for practicing therapists, Group Therapy in Independent Practice is of particular interest for classroom use. The topics explored in relation to group therapy are diverse, covering the age range from adolescence to geriatrics. There is a focus on issues of intimacy and anger which are often two of the more difficult experiences for novice clinicians to effectively deal with in the beginning of their careers. There is also a very interesting chapter which explains the practice of group therapy in another country, lending a cross-cultural perspective to the work. Some of the areas that Group Therapy in Independent Practice will increase your expertise in are:

- personality disorders
- intimacy issues
- bereavement issues
- identity development in ADHD adolescents
- anger issues
- group dynamics
- internet resources for therapists

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