



Advanced Health Assessment of Women, Second Edition: Clinical Skills and Procedures (Advanced Health Assessment of Women: Clinical Skills and Procedures)

Helen Carcio MS MEd ANP-BC, Mimi Secor MS RN CS FNP

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This manual-style reference presents the clinical skills needed to assess health and provide care to women of all of ages, with systematic reviews of all aspects of female mental and bodily health. The authors and contributors comprehensively cover female reproduction, anatomy, and physiology as examined at the cellular level. Also discussed are developmental, psychological, and sociocultural dimensions of women.

Offering an integrated approach to women's health care, the authors delineate the roles and functions of various health care providers serving female patients, including physician's assistants, nurse midwives, and nurse practitioners. The chapters present assessment strategies that are on the leading edge of the expanded role of the advanced practice clinician. The chapter authors provide full, in-depth discussions of each assessment skill and technique as well as an understanding of the rationale behind each assessment.

Key Topics Discussed:

- **Health assessment:** physical examinations, assessment of pregnant women, and assessment and clinical evaluation of obesity in women
- **Female Reproduction:** anatomy, physiology, and the reproductive cycle
- **Contraceptive devices:** the diaphragm, intrauterine contraception, and contraceptive implants
- **Assessment of women at risk:** domestic violence, STIs, and sexual assault
- **Assessment of the infertile woman:** initial evaluations, donor insemination, and more

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