



# **Our Lady of Weight Loss: Miraculous and Motivational Musings from the Patron Saint of Permanent Fat Removal**

*Janice Taylor*

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As millions of women can attest, losing weight is hard work, and even the most resolute of dieters often fail. What's missing from nearly every diet program is the support and humor women need to keep on track and lose those pounds for good. Here, *Our Lady of Weight Loss*—the patron saint of fat removal—comes to the rescue with miraculous motivation for all!

In this unique book, Our Lady shares her tried-and-true gospel of weight loss guaranteed to lift readers' spirits and finally make dieting fun. A fat-free, calorie-free, carb-free, guilt-free helping of divine inspiration, *Our Lady of Weight Loss* is the ultimate cheerleader for women everywhere and the best friend who will keep them on course even when the brownies beckon like a siren. With the help of Our Lady readers will:

- Stay inspired with "motivational musings" and tips
- Curb their cravings and keep their creative appetite satisfied with "pious projects"
- Confess their chocolate or french fry transgressions and move on
- Indulge in healthy and simple "righteous recipes"

Part art object, part craft project, part bedside companion, and part cookbook, *Our Lady of Weight Loss* is perfect for any woman following a diet program and still searching for her "thinner core." Quirky and soulful, with gorgeous four-color artwork throughout, this book will keep readers laughing on the rocky road to sveltesville and change their relationship with food forever.

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