



# Parents Who Love Too Much: How Good Parents Can Learn to Love More Wisely and Develop Children of Character

*Jane Nelsen Ed.D., Cheryl Erwin*

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## Parents Who Love Too Much: How Good Parents Can Learn to Love More Wisely and Develop Children of Character Jane Nelsen Ed.D., Cheryl Erwin Can Parents Really Love Too Much?

"I love my child, and he knows it. So why is he disrespectful to me?" Raising a child in today's world isn't easy. Parents are so pressured by work and other responsibilities that feelings of guilt overwhelm them, and in an effort to show their deep and abiding love for their children, they overcompensate. As a result, their children demand more and respect them less. Does this sound familiar?

In this groundbreaking book, **Jane Nelsen** and **Cheryl Erwin** show you how to change the relationship with your child from one of guilt and manipulation to one of honesty and cooperation. It may sound hard to do, but it's not—if you know how. Inside, you'll find specific actions, techniques, and attitudes that will help you:

- Give children what they need instead of what they want
- Learn to encourage and nurture without overindulging, overprotecting, or overcontrolling
- Raise a self-reliant, respectful, and capable child
- And much more!

"Thoughtful and practical, Nelsen and Erwin's detailed advice will help parents ensure that their loving wish to raise self-reliant and resilient children comes true." —**Richard Bromfield, Ph.D., Harvard Medical School, author, *Handle with Care: Understanding Children and Teachers***

"One of the ironies of parenting is that unwise love can harm children. This book will help you apply your love more intelligently and beneficially." —**Richard Eyre, author of the #1 *New York Times* bestseller *Teaching Your Children Values***

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