

# **Cooking Light Pressure Cooking Made Simple: Slow-Cooked Flavor in Half the Time**

Editors of Cooking Light Magazine



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Pressure cookers are making a comeback. Ready to try this handy device? Learn everything you need in *Cooking Light*'s complete guide to making the most of your pressure cooker.

Today's pressure cooker is safe, easy to use, and helps you prepare a homemade meal in a fast food time frame. In *Pressure Cooking Made Simple*, you'll find brand new one-pot recipes along with valuable advice on buying a pressure cooker, a visual guide for mastering essential techniques, and pro tips on storage, maintenance, and more.

The crowdpleasing collection of 140 recipes (many of which can be prepared in 30 minutes or less) includes both family favorites and fresh weeknight dishes such as Braised Beef Short Ribs, Chicken Cacciatore, Red Beans and Rice, Roasted Almond and Apple Quinoa, and Individual Chocolate Cheesecakes. The experts at *Cooking Light* have tested each recipes to ensure perfect results every time. With *Pressure Cooking Made Simple* at your side, you'll discover the joy of flavorful, slow-cooked foods made in half the traditional cooking time.

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