



Sleep and Society: Sociological Ventures into the Un(known)

Simon J. Williams

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Exploring the sociological aspects of sleep and their links to current health debates, this unique text discusses why sleep has been so neglected in sociological literature and examines significant modern issues such as:

- the 24-hour society
- sleep and work
- homelessness
- dream analysis
- the medicalization and commodification of sleep.

Written by a key international figure in medical sociology, this is the first sociological examination of sleep, making it important reading for academics and advanced students of medical sociology, health studies, and sociology, as well as for professionals and policy makers involved in the area.

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