

Our Love Is Too Good to Feel So Bad: Ten Prescriptions To Heal Your Relationship

Mira Kirshenbaum



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Once the relationship was healthy. And now it's in trouble. Rather than working unproductively, feeling confused, and grasping for tired solutions that seem complicated and irrelevant, *do something about it*. This book will show you how to sort through all the pain and confusion in your relationship, put your finger on exactly what's been causing all your troubles, and find the precise way to eliminate them.

Psychotherapist and bestselling author Mira Kirshenbaum has identified ten Love Killers that cause all the painful and mysterious problems couples get into. By answering simple questions, you'll be able to diagnose your individual case and identify the lover killer for your specific problems. For every love killer, there is a corresponding Love Builder -- a prescription tailor-made for your particular problem that can help heal your relationship. These solutions grew out of fourteen years of pioneering research into ways couples solve their problems, delving into every aspect of life together, from sex to money, from affection to conversatiion, from watching TV to planning for the future -- all based on what happens to real love between real people amid the stress and distraction of real life.

If you're longing for the closeness and passion that once was yours, find out now what's wrong with your relationship, and exactly how to fix it -- and make your love better than ever.

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