



**The Green Smoothie Recipe Bible: Top 101 Q&A's  
for Green Smoothie Recipes, Losing Up To 19  
Pounds and Feeling Fantastic! (Charlie's 101  
Q&A's Book 4)**

*Charlie Moore*

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Are you struggling to lose weight? Do you want to boost your energy? Are you looking for a healthier lifestyle? Are you hungry for all things green? Do you want to learn the secrets of green smoothie making? If so, you are not alone. Many people are struggling with this same problem, but you have already taken the first step, by downloading this book to achieve your goals. This book is the perfect solution to all of these questions; delicious, vibrant, Green Smoothies!

Green Smoothies are one of the most perfect ways to inject health into your life. Drinking Green Smoothies will help you to lose weight by detoxifying the body. You will feel more energized, look better, and most importantly feel amazing!

If this is what you're looking for, you should pick up this Green Smoothie Recipe Bible! These smoothies contain many of your favourite fruit and veg in a way you've never seen before. These smoothies are not only delicious, but they are also amazing for your body. Detoxifying diets are great for your hair, skin, nails, and your overall well-being.

This helpful book will answer all of your questions when it comes to green smoothies. You will learn how detoxing your body and getting rid of toxins will make you feel so much better. Bye-Bye tiredness, hello energy!

This detailed guide is perfect for beginners. Everything is explained in simple, easy to understand questions and answers so that you can instantly benefit from the amazing advantages of Green Smoothies

**Some of the benefits of Green Smoothies include: Illness Relief, Reduce Stress, Increase Energy, Weight Loss, Reduce Anxiety, Anti-Aging, Illness Prevention and much much more.**

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