



The 5 Steps to Improving Your Relationship: The Secrets to Lasting Love and Happiness. Learn the Language of Love

Greg Parry PhD

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The 5 Steps to Improving Your Relationship - Description

LEARN THE LANGUAGE OF LOVE

One of the most fulfilling and meaningful aspects of the entire range of human experience is a deeply satisfying relationship with a loving, caring and nurturing partner. Yet it seems more and more to be a surprisingly rare occurrence and this is a perfect moment to ask ourselves why this is so. If the quality of our lives is so closely linked to the quality of our relationships, why do so many of us struggle in this important area of human expression? The answers can be found in this enlightening book on how to rescue, restore and re-build an enduring and fulfilling relationship. There has probably never been a greater need for such a powerful, effective and timely volume of practical advice.

Based on the author's lifetime of experience as a professional counsellor and decades of research in the field of behavioural psychology, this life-changing guide to the principles of improving our relationships goes right to the heart of how we connect and relate to others. That includes how we relate to ourselves. This is a guide to the mastery of great relationships and it's a perfectly-presented pathway to a richer and more fulfilling life. The author discusses these 5 KEY STEPS

- STEP 1 GETTING BACK TO BASICS AND REGAINING A FRIEND
- STEP 2 HONESTY AND PARTNERSHIP IS KEY
- STEP 3 OPENING THE LINES OF COMMUNICATION BY STARTING AT THE BEGINNING
- STEP 4 TIMING, DIFFERENCES AND OTHER PEOPLE
- STEP 5 BOUNDARIES, POWER STRUGGLES AND THE QUEST FOR HAPPINESS

These methods have been thoroughly explored in thousands of case studies and can now be applied to your own personal circumstances to develop better relationships at every level of contact and communication.

And, as the book so ably demonstrates, we know that most relationships suffer from the repeated effects of neglect. Successful relationships certainly require effort and, when the results are so positive, so pleasing and so uplifting, the effort becomes a simple pleasure that benefits both parties.

So if you feel that your principle relationship could be improved, that your partnership could be saved, that you deserve to live a happier and more fulfilled existence, download this life-changing guide right now and discover how to make everything better. Right now.

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Silvia Washington:

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Michael Hale:

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