



Teaching Movement & Dance

Phyllis S. Weikart

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One of this country's leading authorities on rhythmic movement and beginning recreational dance, Phyllis Weikart has been teaching to diverse audiences for over 30 years. "Teaching Movement & Dance" is the result of her work with children, adolescents, adults and senior citizens. This revised 3rd edition offers nine newly developed key experiences in movement that provide a basis for all curricula, a new teaching model that can be used to present all types of movement activities, a four-step language process that bridges the gap between language and movement, teaching progressions to help beginners develop comfort with movement and rhythmic competency, teaching techniques for introducing beginning international folk dance that include lead-up activities and chair dancing, complete descriptions of 119 beginning folk dances that have been newly organized by level of difficulty, and new easy-to-read rhythmic notations.

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