



# **Essential Oils for Beginners: Teach Me Everything I Need To Know About Essential Oils in 30 Minutes (Essential Oils - Lavender - Coconut Oil - Weight Loss - Peppermint Oil)**

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## **Discover All You Need to Know About Essential Oils in Just 30 Minutes**

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**\*\*\*LIMITED TIME OFFER! 50% OFF! (Regular Price \$5.99)\*\*\* Give me 30 Minutes and we can teach you everything you need to know to get start with Essential Oils today!** There are various essential oils out there, and every last one of them can provide a health benefit for you. Essentials are more than just an aromatic oil that can light up your life and make you a little happier, as they can make you a little healthier too. There are wonderful essential oils out there, but you need to make sure that you are getting a quality product. This book will walk you through on how to do so. From ancient times essential oils have been used, and you will find that from Ancient Egyptians to references in the bible, essential oils have always been around and used for their healing and aromatic properties. Essential oils have many uses, but there are many things that you need to understand about them as well. Though, it is made a little easier when you know the important facts, warnings, and uses.

### **7 Reasons to Buy This Book**

1. This book will explain exactly what essential oils are as well as how they are made. 2. In this book you will learn what precautions need to be taken when using essential oils while pregnant, breastfeeding, or on children. 3. This book answers most of the frequently asked questions that come along with learning about essential oils. 4. This book shows you how to use essential oils for their health benefits, such as relieving stress and helping arthritis. 5. In this book you will learn how essential oils can help you feel better emotionally as well as physically. 6. This book explains how essential oils are not made equally, and how to tell if you are getting pure essential oils. 7. Inside this book you will learn how to properly store your essential oils so they last as long as possible.

### **The 30 Minute Reads Philosophy**

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## What You'll Learn from "Essential Oils for Beginners"

• Essential Information about Essential Oils • 12 Quick Hit Facts about Essential Oils • The 10 Important Things You Need to Know about Essential Oils • Frequently Asked Questions about Essential Oils • Buying Guide, Safety & Best Practices for Essential Oils • Final Thoughts on Essential Oils

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### **From reader reviews:**

#### **Gerri Townsend:**

The book Essential Oils for Beginners: Teach Me Everything I Need To Know About Essential Oils in 30 Minutes (Essential Oils - Lavender - Coconut Oil - Weight Loss - Peppermint Oil) can give more knowledge and information about everything you want. So why must we leave a very important thing like a book Essential Oils for Beginners: Teach Me Everything I Need To Know About Essential Oils in 30 Minutes (Essential Oils - Lavender - Coconut Oil - Weight Loss - Peppermint Oil)? A few of you have a different opinion about reserve. But one aim that will book can give many details for us. It is absolutely suitable. Right now, try to closer together with your book. Knowledge or details that you take for that, you may give for each other; you could share all of these. Book Essential Oils for Beginners: Teach Me Everything I Need To Know About Essential Oils in 30 Minutes (Essential Oils - Lavender - Coconut Oil - Weight Loss - Peppermint Oil) has simple shape nevertheless, you know: it has great and large function for you. You can appear the enormous world by start and read a guide. So it is very wonderful.

#### **Sherry Hansen:**

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#### **Lee Long:**

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**Ronald Ruggles:**

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