



# Three Hours Forever

*Meredith Strong*

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## **Three Hours Forever** Meredith Strong

They were two MBAs with two BMWs, no kids, and no debt but a mortgage; their marriage looked great from the outside. In the beginning, he was funny, charming, and sent flowers - but then things slowly began to change. In *Three Hours Forever*, author Meredith Strong explores her journey through a troubled marriage, domestic assault, divorce, and finally recovery. She shares how in less than ninety days her life completely turned upside down. Divided in three sections, her memoir describes the telling elements of her marriage, discusses the three-hour ordeal of domestic abuse that changed her life, and narrates her journey to recovery and healing. Sharing her emotional story, Strong communicates how she focused on growing closer to God and learned her support system was His hands and feet. She also offers a list of applicable inspirational scripture messages, poems, and songs. *Three Hours Forever* seeks to serve as a comfort and a resource for other women who face the same challenges in life.

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#### **Renee Oneal:**

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