



The Vegetarian Planet: 350 Big-Flavor Recipes for Out-Of-This-World Food Every Day (Non)

Didi Emmons

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All the best flavors from all the Earth come to life in a soulful celebration of tasty and inventive food. From Didi Emmons, a terrific young cook who combines a passion for culinary adventure with a love for the honest pleasures of home cooking, these 350 recipes - with more than 150 main dishes - spell an end to boring and bland meatless meals. Full of farm-fresh produce ripe for the eating, hearty grains that warm the soul, and a whole world of new spices and flavors, they promise boundless pleasures for the everyday table.

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