



Return to Ithaca

Barbara Newborn

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At 21, Barbara Newborn saw a happy future ahead, but her carefree life fell apart when she suffered a severe stroke which left her paralyzed and unable to communicate. Supported by all who knew her, Barbara embarked on a profound journey of rehabilitation and self-discovery. This is the story of how she learned to live again, from her first difficult steps to her triumphant turning point. Today Barbara Newborn is Chief of Staff at the National Stroke & Quality of Life Medical Education Institute. 144 pp.

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